

# Holy Eucharist, Rite II

with a Litany of Healing and Healing Prayers



The Second Sunday in Lent

**March 17, 2019**

## **Welcome**

*Welcome to 'Old Durham' Church. However you got here, whatever your background, you are welcome here for worship, service, and fellowship in the name of our Lord, Jesus Christ. The church is part of the Episcopal Diocese of Washington, and has been feeding souls on this site for over 350 years. It is our prayer that you will encounter God's love, peace, and hope here. As Christians in the Anglican tradition, our worship is rooted in Holy Scripture and in the Book of Common Prayer, which for centuries has united Christians all over the world in a common, ever-evolving, format of prayer and worship.*

*You, the members of the congregation, play an important role in our worship; please follow along in this leaflet and speak your parts with confidence. The hymns we sing this morning will be found in this leaflet or in the blue hymnal in the pews. We worship every Sunday morning at 10:30 AM. There is an adult Christian formation class most Sunday mornings at 9:15 AM in the Parish Hall, and we are up to all sorts of other things during the week. Our historic church building has no running water. Restrooms are located in the Parish Hall, across the parking lot from the church.*

*All directions to stand and kneel are to be understood "as able." The Church understands kneeling as a posture of humility and penitence, and standing as a posture of respect. As Lent is a penitential season, it is appropriate to kneel (as one is able) for prayer during Lent. According to long-standing custom, "Alleluia" does not form part of the worship of the Church in Lent.*

## **Announcements**

## **Entrance Rites**

## **Prelude**

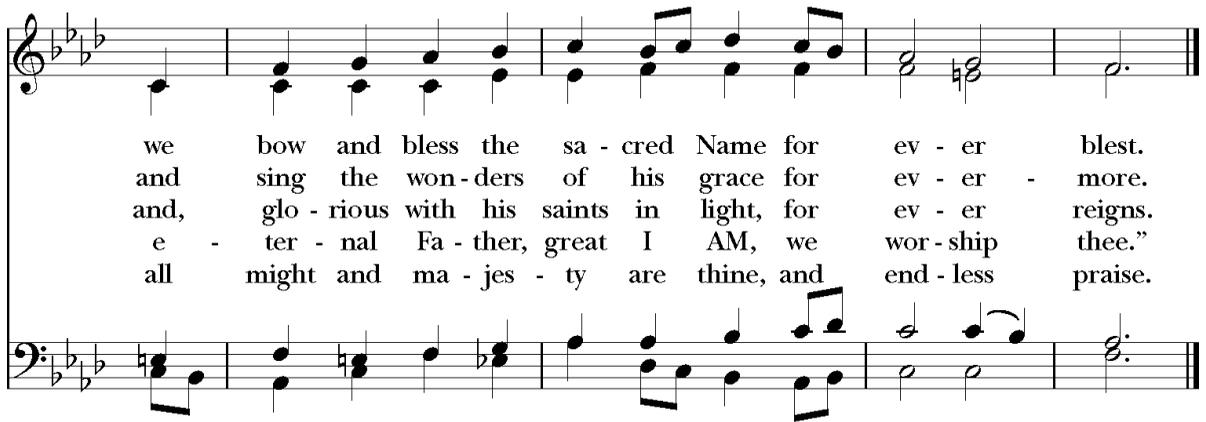
## **Opening Hymn**

*The Hymnal 1982 #401 The God of Abraham praise*

1 The God of A - braham praise, who reigns en - throned a - bove;  
 2 He by him - self hath sworn: we on his oath de - pend;  
 3 There dwells the Lord, our King, the Lord, our Right - eous - ness,  
 4 The God who reigns on high the great arch - an - gels sing,  
 5 The whole tri - um - phant host give thanks to God on high;

1 An - cient of ev - er - last - ing days, and God of love;  
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:  
 3 tri - um - phant o'er the world and sin, the Prince of Peace;  
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!  
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;

1 the Lord, the great I AM, by earth and heaven con - fessed:  
 2 we shall be - hold his face, we shall his power a - dore,  
 3 on Zi - on's sa - cred height his king - dom he main - tains,  
 4 Who was, and is, the same, and ev - er - more shall be:  
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;



we bow and bless the sa - cred Name for ev - er blest.  
 and sing the won - ders of his grace for ev - er - more.  
 and, glo - rious with his saints in light, for ev - er reigns.  
 e - ter - nal Fa - ther, great I AM, we wor - ship thee."  
 all might and ma - jes - ty are thine, and end - less praise.

Words: Thomas Olivers (1725-1799), alt. Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1875, alt.

## Opening Acclamation

**Presider** Blessed be the God of our salvation:

**People** *Who bears our burdens and forgives our sins.*

## Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

# Kyrie eleison

*The Hymnal 1982, Service Music #96*

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Detailed description: This system contains the first two staves of music. The top staff is in treble clef with a key signature of two sharps (F# and C#). The bottom staff is in bass clef with the same key signature. The music is in 4/4 time. The lyrics are: "Lord, have mer - cy. Lord, have mer - cy." The first staff has a vocal line with a melisma on "Lord,". The second staff has a bass line with a melisma on "Lord,".

Christ, have mer - cy. Christ, have mer - cy. Lord, —

Christ, have mer - cy. Christ, have mer - cy.

Detailed description: This system contains the next two staves of music. The top staff continues the vocal line with lyrics: "Christ, have mer - cy. Christ, have mer - cy. Lord, —". The bottom staff continues the bass line with lyrics: "Christ, have mer - cy. Christ, have mer - cy." The melisma on "Lord," in the top staff is carried over from the previous system.

Lord, have mer - cy. Lord, have mer - cy. Lord, —

Lord, have mer - cy. Lord, have mer - cy.

Detailed description: This system contains the final two staves of music. The top staff continues the vocal line with lyrics: "Lord, have mer - cy. Lord, have mer - cy. Lord, —". The bottom staff continues the bass line with lyrics: "Lord, have mer - cy. Lord, have mer - cy." The melisma on "Lord," in the top staff is carried over from the previous system.

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

### Collect of the Day

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

### The Word of God

#### First Reading

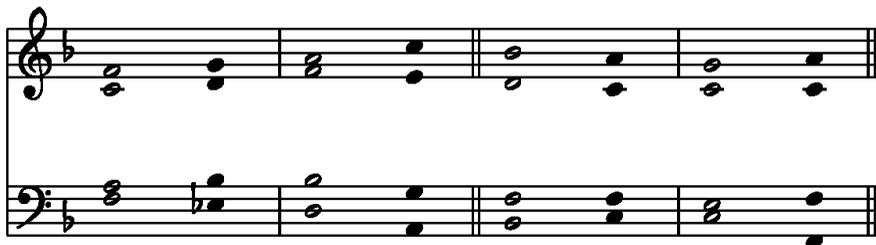
A reading from The Book of Genesis.

<sup>1</sup>The word of the Lord came to Abram in a vision, “Do not be afraid, Abram, I am your shield; your reward shall be very great.” <sup>2</sup>But Abram said, “O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?” <sup>3</sup>And Abram said, “You have given me no offspring, and so a slave born in my house is to be my heir.” <sup>4</sup>But the word of the Lord came to him, “This man shall not be your heir; no one but your very own issue shall be your heir.” <sup>5</sup>He brought him outside and said, “Look toward heaven and count the stars, if you are able to count them.” Then he said to him, “So shall your descendants be.” <sup>6</sup>And he believed the Lord; and the Lord reckoned it to him as righteousness. <sup>7</sup>Then he said to him, “I am the Lord who brought you from Ur of the Chaldeans, to give you this land to possess.” <sup>8</sup>But he said, “O Lord God, how am I to know that I shall possess it?” <sup>9</sup>He said to him, “Bring me a heifer three years old, a female goat

three years old, a ram three years old, a turtledove, and a young pigeon.”<sup>10</sup> He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two.<sup>11</sup> And when birds of prey came down on the carcasses, Abram drove them away.<sup>12</sup> As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him.<sup>17</sup> When the sun had gone down and it was dark, a smoking fire pot and a flaming torch passed between these pieces.<sup>18</sup> On that day the Lord made a covenant with Abram, saying, “To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates,

## Psalm

Robert Knox Kennedy  
(b. 1945)



© 1979, Robert Knox Kennedy.

## Psalm 27

*Dominus illuminatio*

*BCP p. 617*

- 1 The LORD is my light and my salvation;  
whom then shall I fear? \*  
the LORD is the strength of my life;  
of whom then shall I be afraid?
- 2 When evildoers came upon me to eat up my flesh, \*  
it was they, my foes and my adversaries, who  
stumbled and fell.
- 3 Though an army should encamp against me, \*  
yet my heart shall not be afraid;
- 4 And though war should rise up against me, \*  
yet will I put my trust in him.
- 5 One thing have I asked of the LORD;  
one thing I seek; \*  
that I may dwell in the house of the LORD all the days  
of my life;
- 6 To behold the fair beauty of the LORD\*  
and to seek him in his temple.
- 7 For in the day of trouble he shall keep me safe  
in his shelter; \*  
he shall hide me in the secrecy of his dwelling

and set me high upon a rock.

- 8 Even now he lifts up my head \*  
above my enemies round about me.
- 9 Therefore I will offer in his dwelling an oblation  
with sounds of great gladness; \*  
I will sing and make music to the LORD.
- 10 Harken to my voice, O LORD, when I call; \*  
have mercy on me and answer me.
- 11 You speak in my heart and say, “Seek my face.” \*  
Your face, LORD, will I seek.
- 12 Hide not your face from me, \*  
nor turn away your servant in displeasure.
- 13 You have been my helper;  
cast me not away; \*  
do not forsake me, O God of my salvation.
- 14 Though my father and my mother forsake me, \*  
the LORD will sustain me.
- 15 Show me your way, O LORD; \*  
lead me on a level path, because of my enemies.
- 16 Deliver me not into the hand of my adversaries, \*  
for false witnesses have risen up against me,  
and also those who speak malice.
- 17 What if I had not believed  
that I should see the goodness of the LORD\*  
in the land of the living!
- 18 O tarry and await the LORD’s pleasure;  
be strong, and he shall comfort your heart; \*  
wait patiently for the LORD.

## **Second Reading**

A reading from The Letter of Paul to the Philippians.

<sup>17</sup> Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. <sup>18</sup> For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. <sup>19</sup> Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. <sup>20</sup> But our citizenship is in heaven, and it is from there that we are expecting a Savior, the Lord Jesus Christ. <sup>21</sup> He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. <sup>1</sup> My brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

## Sequence Hymn

*The Hymnal 1982 #590 O Jesus Christ, may grateful hymns be rising*



1 O Je - sus Christ, may grate - ful hymns be ris - ing, \_\_\_\_\_  
 2 Grant us new cour - age, sac - ri - fi - cial, hum - ble, \_\_\_\_\_  
 3 Show us your Spi - rit, brood - ing o'er each ci - ty, \_\_\_\_\_



in ev - ery ci - ty for your love and care; \_\_\_\_\_  
 strong in your strength to ven - ture and to dare; \_\_\_\_\_  
 as you once wept a - bove Je - ru - sa - lem, \_\_\_\_\_



in - spire our wor - ship, grant the glad sur - pris - ing \_\_\_\_\_  
 to lift the fall - en, guide the feet that stum - ble, \_\_\_\_\_  
 seek - ing to gath - er all in love and pi - ty, \_\_\_\_\_



that your blest Spi - rit rous - es ev - ery - where.  
seek out the lone - ly and God's mer - cy share.  
and heal - ing those who touch your gar - ment's hem.

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Music: *Charterhouse*, David Evans (1874-1948) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

## Gospel

The Holy Gospel of our Lord Jesus Christ according to Luke.

<sup>31</sup> Some Pharisees came and said to Jesus, “Get away from here, for Herod wants to kill you.”

<sup>32</sup> He said to them, “Go and tell that fox for me, ‘Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. <sup>33</sup> Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed outside of Jerusalem.’ <sup>34</sup> Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! <sup>35</sup> See, your house is left to you. And I tell you, you will not see me until the time comes when you say, ‘Blessed is the one who comes in the name of the Lord.’ ”

## Sermon

## The Nicene Creed

*All say together*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## A Litany of Healing

*Presider*

Let us name before God those for whom we are praying.

*The people name those for whom they are interceding, either silently or aloud.*

*Leader:* God the Father, your will for all people is health and salvation;

*People:* **We praise you and thank you, O Lord.**

God the Son, you came that we might have life, and might have it more abundantly;

**We praise you and thank you, O Lord.**

God the Holy Spirit, you make our bodies the temple of your presence;

**We praise you and thank you, O Lord.**

Holy Trinity, one God, in you we live and move and have our being;

**We praise you and thank you, O Lord.**

Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;

**Hear us, O Lord of life.**

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;

**Hear us, O Lord of life.**

Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;

**Hear us, O Lord of life.**

Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;

**Hear us, O Lord of life.**

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;

**Hear us, O Lord of life.**

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;

**Hear us, O Lord of life.**

You are the Lord who does wonders:

**You have declared your power among the peoples.**

With you, O Lord, is the well of life:

**And in your light we see light.**

Hear us, O Lord of life:

**Heal us, and make us whole.**

Let us pray.

*A period of silence follows. The Presider concludes the silence with a prayer.*

**Confession of Sin**

**Penitential Sentence**

*The Presider then says*

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. *Hebrews 4:14, 16*

Let us confess our sins against God and our neighbor.

*The people kneel as they are able.*

*A period of silence is kept.*

## **Confession of Sin**

*All say together*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

## **Absolution**

*Bishop or Priest*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## **Bidding**

Holy Scripture teaches us that Jesus healed many who were sick as a sign of the reign of God come near, and sent the disciples to continue this work of healing through prayer in his name, that the afflicted might be raised up and their sins forgiven, bringing them to eternal salvation. By laying hands upon the sick and anointing them, the disciples witnessed to the marvelous power and presence of God. Pray that as we follow their example, we may experience Christ's unending love.

*Those who wish to receive the laying on of hands are now invited to come forward.*

*You are welcome to bring to the healing ministers any healing prayer concern, either for yourself or for a loved one. When you approach the healing minister, you may either briefly state the health*

*issue in question, or just ask for general prayer. The healing ministers will gently touch you and pray for you. If you would like to be anointed, they will moisten their thumb with oil that has been blessed by the bishop, and will trace a cross on your forehead in the name of the Father, and of the Son, and of the Holy Spirit. You many then return to your seat.*

## **Concluding Prayer**

The Almighty Lord, who is a strong tower to all who put their trust in him, to whom all things in heaven, on earth, and under the earth bow and obey: Be now and evermore your defense, and make you know and feel that the only Name under heaven given for health and salvation is the Name of our Lord Jesus Christ. Amen.

## **The Peace**

**Celebrant**            The peace of Christ be always with you.

**People**                *And also with you.*

*The Ministers and People may greet one another in the name of the Lord.*

## **The Holy Communion**

*The congregation remains seated while the offering is collected during the Offertory Hymn. The congregation stands while the offering is presented at the altar during the Presentation Anthem.*

## Offertory Hymn

*The Hymnal 1982 #495 Hail, thou once despised Jesus!*



1 Hail, thou once de - spis - ed Je - sus! Hail, thou Gal - i -  
2 Pas - chal Lamb, by God ap - point - ed, all our sins on  
3 Je - sus, hail! en - throned in glo - ry, there for ev - er  
\*4 Wor - ship, hon - or, power, and bless - ing thou art wor - thy



le - an King! Thou didst suf - fer to re - lease us;  
thee were laid: by al - might - y love a - noint - ed,  
to a - bide; all the heav - en - ly hosts a - dore thee,  
to re - ceive; high - est prais - es, with - out ceas - ing,



thou didst free sal - va - tion bring. Hail, thou u - ni - ver - sal  
thou hast full a - tone - ment made. All thy peo - ple are for -  
seat - ed at thy Fa - ther's side. There for sin - ners thou art  
right it is for us to give. Help, ye bright an - gel - ic



Sa - vior, bear - er of our sin and shame! By thy mer - it  
giv - en through the vir - tue of thy blood: o - pened is the  
plead - ing: there thou dost our place pre - pare; ev - er for us  
spi - rits, all your no - blest an - thems raise; help to sing our

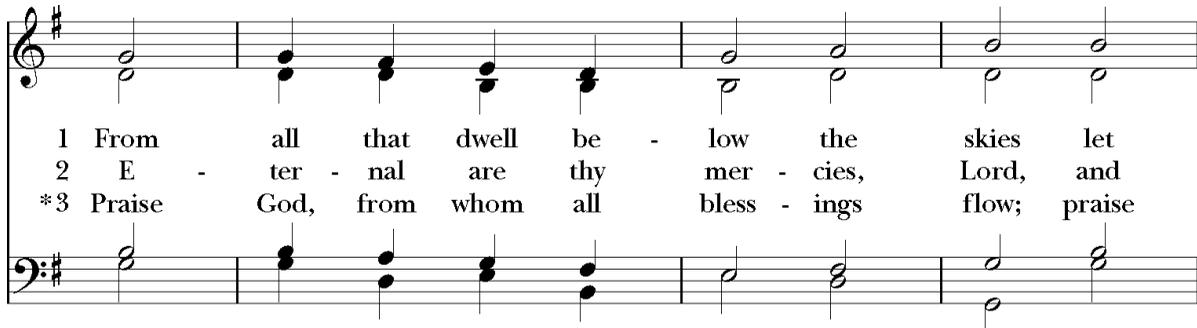


we find fa - vor: life is giv - en through thy Name  
gate of hea - ven, re - con - ciled are we with God.  
in - ter - ced - ing, till in glo - ry we ap - pear.  
Sa - vior's mer - its, help to chant Em - man - uel's praise!

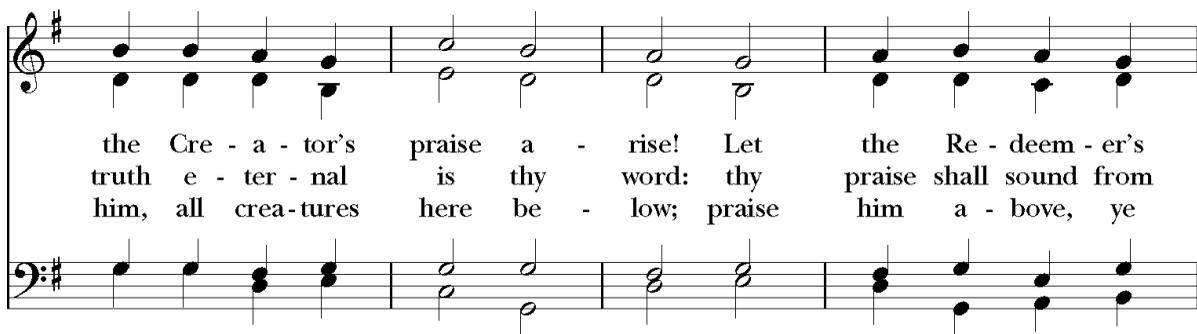
Words: John Bakewell (1721-1819) and Martin Madan (1726-1790), alt. Music: *In Babilone*, melody from *Oude en Nieuwe Hollandse Boerenlities en Contradanseu*, 1710; harm. Roy F. Kehl (b. 1935) Copyright ©1984, Roy F. Kehl. All rights reserved. Used with permission.

## Presentation Anthem

*The Hymnal 1982 #380 From all that dwell below the skies (verse 3 only)*



1 From all that dwell be - low the skies let  
2 E - ter - nal are thy mer - cies, Lord, and  
\*3 Praise God, from whom all bless - ings flow; praise



the Cre - a - tor's praise a - rise! Let the Re - deem - er's  
truth e - ter - nal is thy word: thy praise shall sound from  
him, all crea - tures here be - low; praise him a - bove, ye



Name be sung through ev - ery land, by ev - ery tongue!  
shore to shore till suns shall rise and set no more.  
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711)

Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?)

## The Great Thanksgiving

**Presider**

The Lord be with you.

**People**

*And also with you.*

**Presider** Lift up your hearts.

**People** *We lift them to the Lord.*

**Presider** Let us give thanks to the Lord our God.

**People** *It is right to give God thanks and praise.*

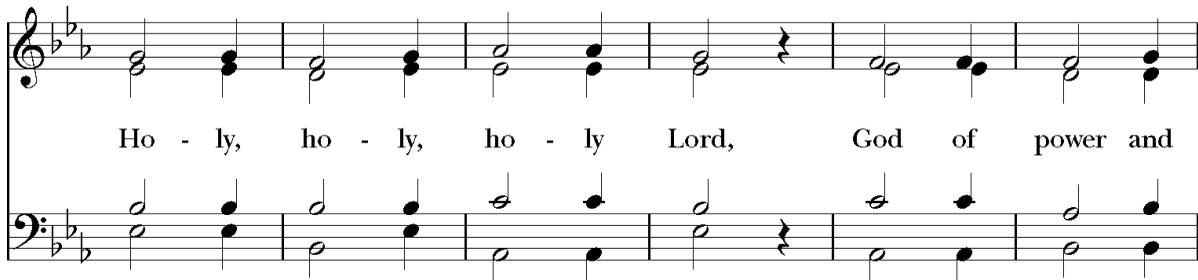
*Presider*

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

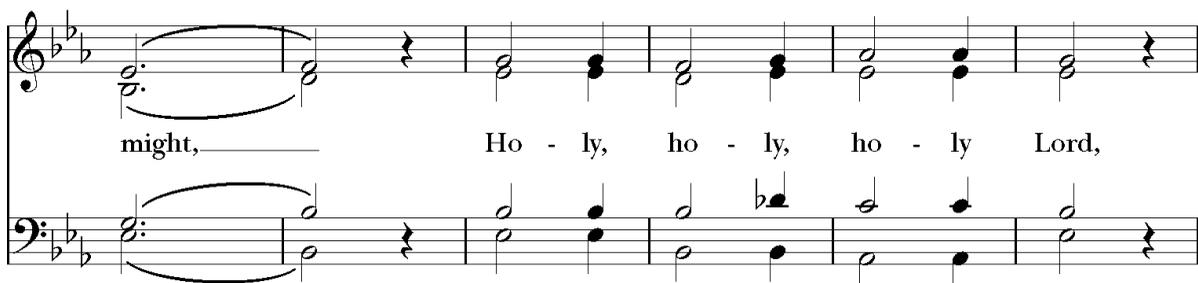
And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing (say):

# Sanctus

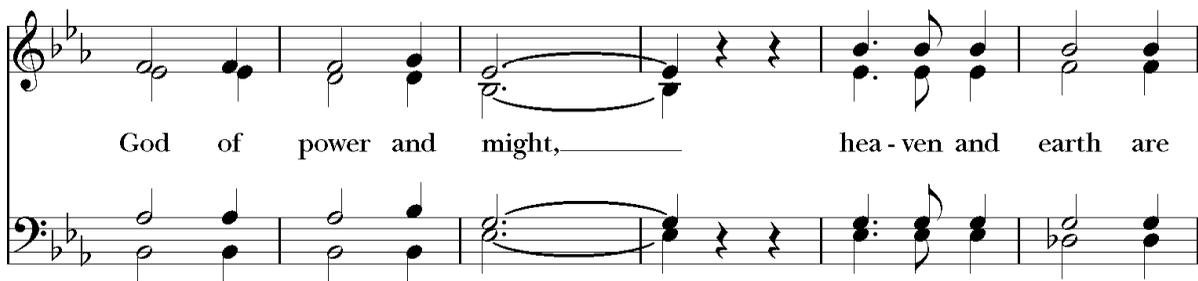
*The Hymnal 1982, Service Music #130*



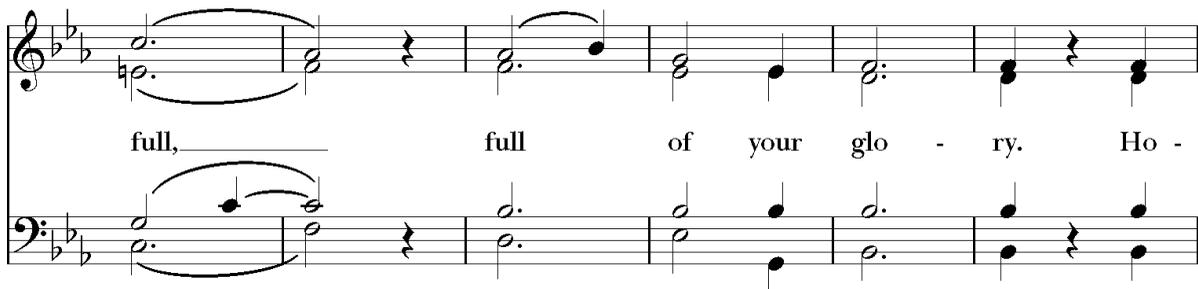
Ho - ly, ho - ly, ho - ly Lord, God of power and



might, Ho - ly, ho - ly, ho - ly Lord,



God of power and might, hea - ven and earth are



full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

*The Presider continues*

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

+Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and +make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

*The Hymnal 1982, Service Music #146*

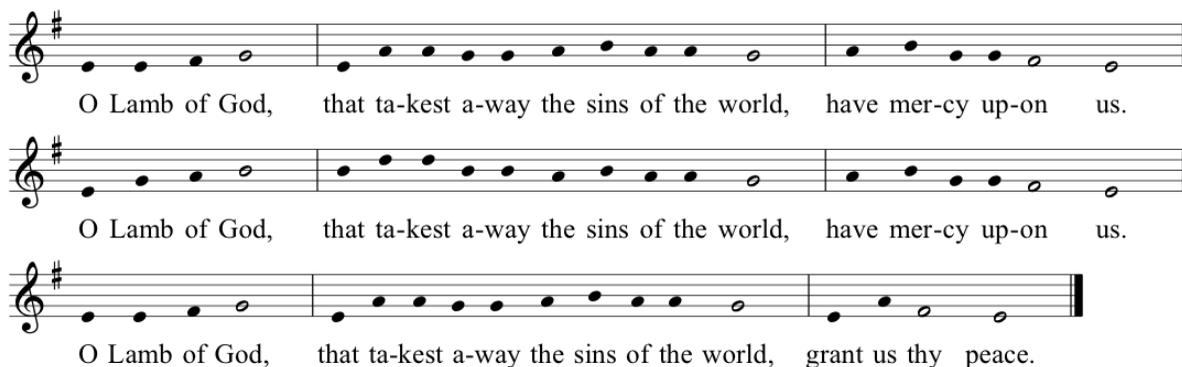


**The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## **The Breaking of the Bread**

*A period of silence is kept.*



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.

O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.

O Lamb of God, that ta-kest a-way the sins of the world, grant us thy peace.

### *The people are invited to Communion*

Behold what you are; may you become what you receive.

*Holy Communion is the body and blood of our Lord Jesus Christ given with bread and wine. All baptized Christians regardless of denomination are welcome to come to the altar rail to share in this meal of life. If you prefer not to receive Communion, you may come forward and cross your arms over your chest, and the priest will offer a prayer of blessing.*

*We offer both wine and grape juice at Communion. The first (larger) cup has wine and the second (smaller) cup has grape juice. You may drink or intinct from either. The bread will be placed in your hand. You may either, (1) Eat the bread and drink from the cup which follows; or (2) Hold the bread, dipping it in the cup and then eating the bread. If you do not wish to receive wine, please cross your arms after receiving the bread.*

*If you prefer to receive Communion at your seat in the pew, we will be happy to bring it to you.*

## Post Communion Prayer

Gracious Father, we give you praise and thanks for this Holy Communion of the Body and Blood of your beloved Son Jesus Christ, the pledge of our redemption; and we pray that it may bring us forgiveness of our sins, strength in our weakness, and everlasting salvation; through Jesus Christ our Lord. Amen.

## Solemn Prayer

*The Bishop or Priest says*

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

## Hymn

The Hymnal 1982 #598 Lord Christ, when first thou cam'st to earth

## Dismissal

**Deacon** Let us go forth in the name of Christ.

**People** *Thanks be to God.*

## Postlude

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## Prayer List

Let us pray...

**...in thanksgiving for the members of our congregation:** Deb Carr, George Chisholm, Phyllis Chisholm, and Mary Lou Clem;

**...for support and protection for those who serve our country at home and abroad:** Mike Busey, Christopher Walker, Steven Mattingly, Sam Gray, Wes Dyson, Michael Petrusic, and Thomas J. Hunt;

**...for those in need of God's healing grace:** Vivian Aldridge, Mary Coughner, Lindy Lynch, Arnold Taylor; *Our continuing prayers are offered for:* Conor Doyle, George Dyson, Butch Helwig, Dian Lockamy, Buddy Linton, Sam Linton, Rhonda McGraw, Jeanne Read, Jean Santora, Rose Speake, Joan Shoemaker, Roy Squires, Tom Saxton, and Luci Wright.

**The Diocese of Washington cycle of prayer:** Presiding Bishop Michael Curry; St. Patrick's Church, DC; St. Patrick's Episcopal Day School, DC. **The Anglican Communion cycle of prayer:** the Church of England, The Most Revd and Rt Hon Justin Welby - Archbishop of Canterbury.

## Announcements

*Don't forget that these announcements can also be found on the church website, [OldDurham.org](http://OldDurham.org). You can view them in the calendar (look under "About Us" in the upper left) or view the service bulletin via the 'Bulletin Announcements' button.*

**Adult Forum:** Please join us at 9:15am in the Parish Hall on Sunday mornings for coffee, learning, and thought-provoking discussion.

**Living Well Through Lent:** St James', Indian Head is holding a discussion group centered on the 'Living Well Through Lent' booklet that some of our congregation is reading. The group meets from 9:30 to 10:15 at St. James' on Sunday mornings. The churches are 11 minutes apart by road, so you could just make it...

**Healing Service:** Today's service of Holy Eucharist will include the laying on of hands and anointing with prayers for healing. These services are held approximately 3 times per year.

**The Altar Guild and Worship Committee** will meet together after church today.

**The Prayer Shawl Ministry Group** will meet Thursday, Mar 21 at 6pm and Wednesday, Mar 27 at 2:30pm.

**Parish Clean Up Day** is scheduled for Saturday, March 23rd.

**Bishop's Visitation:** The Rt. Rev. Chilton Knudsen, Assisting Bishop in the Diocese of Washington, will worship with us on March 24th.

**Joe's Place Food Pantry** distributions are on the second and fourth Thursdays of the month from 4:30 to 6pm in the Parish Hall. The next distributions are March 28 and April 11.

Volunteers are always welcome to sort and distribute food to our neighbors.

**Finance Committee** meets March 24th after church.

**The Vestry** will meet on March 27th at 7pm in the Parish Hall.

**Fish Fry!** The Men's Group will hold a Fish Fry on Friday, March 29th from 5 to 7pm.

**Planning for Your Future in Glory** (aka, end of life planning): On March 30 and April 6, Saturdays from 9am to 12pm, you are invited to join us for a free two-part series offering information that will help your loved ones understand and honor your wishes at your death. There will be presentations by medical, legal, funeral home, and spiritual authorities. The March 30 session will be held at St. James', Indian Head; the April 6 session will be held here at Durham in the Parish Hall. RSVP to Deacon Susan.

**Morning Prayer:** If you are interested in learning to lead Morning Prayer, please come to an informal workshop that Rev. Catharine will lead after church on March 31st.

**Safeguarding God's Children:** The spring training sessions for Safeguarding God's Children have been scheduled. This training is recommended for all church leaders. Safeguarding God's Children provides participants with the information they need to protect the children they

know and care for in their personal lives and the ministries in which they serve. Registration is open for all workshops through May, and can be found at <https://www.edow.org/forms-and-resources/safe-church>, or looking under Resources and Forms>Safe Church on the diocesan website, edow.org. The Southern Maryland training session will be held Saturday, April 13: St. Andrews, Leonardstown, 9:30 a.m. - 12:30 p.m. There is also a session on May 9 in Hyattsville.

**Diocesan News:** If you are not receiving the Diocese of Washington's newsletter, you might want to sign up for it. It typically contains a reflection from Bishop Mariann along with news about diocesan plans and events, as well as functions at other parishes. Especially now with the diocese entering into a strategic planning process, there's a lot to keep up with! Sign up under News and Events on the diocesan webpage, [www.edow.org](http://www.edow.org)

**Job listing:** Parish Administrator (part-time), St. Thomas Croom, Upper Marlboro: The Parish Administrator of St. Thomas Parish is responsible for three areas of work: facility management, parish communications, and general administrative functions. Other duties may be assigned. Reporting to the Rector (or Priest-in-Charge), the PA works closely with and provides support services to the Rector and others. The PA may be assisted by volunteers. (\$20/hr - 20 hrs/week) Email resume, cover letter, and contact information for two references to the Rev. Peter Antoci: [pmantoci@gmail.com](mailto:pmantoci@gmail.com)

## **Life Transformed: The Way of Love in Lent - TURN**

*Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from Life Transformed: The Way of Love in Lent. Learn more at [episcopalchurch.org/life-transformed](http://episcopalchurch.org/life-transformed).*

### **READ** Exodus 14:10-15:1

The story of the Exodus is one of the most important baptismal stories in the whole Bible. In the blessing over the water, which we PRAY at every baptism, we remember that the Hebrews were liberated from bondage in Egypt through water. Exodus is also the only reading that is specifically required in the Easter Vigil because of the way God delivered Israel through the Red Sea and the pillar of fire that lit the way for God's people. That pillar is echoed in the Easter fire, which shines in our darkness at the vigil. The Exodus event holds a seminal place in the recitation of God's liberating action – the common thread woven throughout the vigil and the Bible itself.

One of the most intriguing aspects of this powerful story is the way prayer has been woven through every step the Israelites took in their path to liberation. When they were afraid and even doubted, their prayer was heard by God who told them that he would not abandon them. When they were about to be overtaken by the Egyptians, their prayer for deliverance was answered. Moses was given the power to part the sea, and they crossed on dry land. Finally, when they were safe, the prophet Miriam led a prayer of rejoicing and thanksgiving with song and dancing. Each of these prayers is important to the story and to the relationship built between God and God's people.

In the early Church, Lent was a time for catechumens (those who were preparing to be baptized) to learn about the Christian life. The outline of the faith that they would follow was called a catechism, and we still have a similar form in our Book of Common Prayer today (pp. 845-862). In particular, our catechism describes the role of prayer in Christian life, including the seven types of prayer:

- *Adoration*: We lift up our hearts and minds to God, asking nothing but to enjoy God's presence.
- *Praise*: We praise God, not to obtain anything, but because God's Being draws praise from us.
- *Thanksgiving*: We offer gratitude to God for all the blessings of this life, for our redemption, and for whatever draws us closer to God.
- *Penitence*: In penitence, we say we are sorry, confess our sins, and make amends and life change wherever possible.
- *Oblation*: We offer ourselves, our lives and labors, in union with Christ, for God's purposes.
- *Intercession*: We bring before God the needs of others.
- *Petition*: We present our own needs, that God's will may be done.

Each of these forms of prayer will help you grow and bring you into a closer relationship with God. In fact, Scripture tells us that even when we don't know how to pray, "the Holy Spirit will intercede for us" and teach our heart how to pray in "sighs too deep for words" (Romans 8:26).

**REFLECT:** Prayer is one of the essential components of walking the Way of Love. Yet, some people can find it intimidating, frustrating, or hard to practice. Which of the prayer styles from the catechism speak to you? Is there one that comes naturally?

*Published by the Office of Communication of The Episcopal Church, 815 Second Avenue, New York, N.Y. 10017 © 2019 The Domestic and Foreign Missionary Society of the Protestant Episcopal Church in the United States of America. All rights reserved.*

*Christ Church, Durham Parish*

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**RectorDurhamParish@icloud.com**

**Mobile: (703) 283-4962**

**Deacon: The Rev. Susan Fritz**

**Director of Music: Kathryn D. Doyle**

**The Rt Rev. Mariann Edgar Budde, Bishop of Washington**

**Rick Posey – Senior Warden**

**Bernard Torreyson – Junior Warden**

**Roy Squires – Secretary of the Vestry**

**Members of the Vestry:**

**George Chisholm, Dian Lockamy, Jean Santora, Tom Saxton**

**Carl Lockamy – Parish Treasurer**

**The Rev. Arnold Taylor – Rector Emeritus**

*Established 1661 - Chartered 1692*

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